

# PAWS and think before you eat



Monitoring weight is important for you and your pet. Eating a well-balanced and nutritious diet will help with maintaining a healthy weight. **Talk to your veterinarian for tips to help your pet maintain a healthy weight.**

Locate your local Veterinary Treatment Facility at <https://tiny.army.mil/r/JG66r/VTFs>

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<http://phc.amedd.army.mil>

1-800-222-9698

APHC Animal Health

