

**FOR MAXIMUM PROTECTION AND COMFORT,  
INSERT QUAD-FLANGE EARPLUGS AS FOLLOWS:**

1. Access your ear canal by reaching over your head with the opposite hand and pulling your ear up and out.
2. Grasp the plug by its stem and insert into the ear canal. Push and twist the plug until you get a good seal.
3. Check for proper fit by gently tugging on each earplug. You will feel some tension.
4. The plug is properly fitted when the first three flanges are in the ear canal and the outside fourth flange is blocking the canal entrance.
5. If you cannot get a good seal, try a different size or type of earplug.



Ordering Information:

Uncorded, NSN 6515-01-492-0443

Corded, NSN 6515-01-492-0458

