

ACUTE RESPIRATORY DISEASE is REPORTABLE

Acute Respiratory Disease (ARD) Identification:

Report if trainee has all of these:

- Oral temperature $\geq 100.5^{\circ}\text{F}$
and
- Complaints of at least one of the following: sore throat, cough, runny nose, chest pain, shortness of breath, headache, etc.
and
- Limited duty profile by physician or removal from duty for at least 8 hours

ARD Facts:

ARD is a leading cause of illness in the military and basic trainees are at a particularly high risk.

To prevent ARD, good hygiene is essential. Trainees must be taught the importance of frequent handwashing and good cough and sneeze etiquette.

Group A streptococcus (strep) is a common cause of ARD. Trainees with ARD should be tested for strep so proper treatment can be administered.

The Army ARD Surveillance Program collects and disseminates installation-specific data each week so that preventive medicine personnel can rapidly detect and respond to outbreaks.

ARD Related Illnesses:

Acute rheumatic fever, invasive group A streptococcus, and streptococcal toxic shock syndrome are also reportable medical events.

Report to:

ARD and ARD-related illnesses are reported to your local preventive medicine service. Preventive medicine personnel collect and report the data to the Army ARD Surveillance Program and the Army Reportable Medical Events System (RMES).

The Army ARD Surveillance Program is maintained by the Army Medical Surveillance Activity of the U.S. Army Center for Health Promotion and Preventive Medicine