

SALVIA

and your military career
goes up in smoke.

Salvia is a plant that makes you hallucinate and become uncoordinated when you smoke or chew it. The drug can also cause anxiety, tremors, numbness, memory loss, and nausea. Steer clear.

AR 600-85 prohibits Soldiers from using substances to induce excitement, intoxication, or stupefaction of the central nervous system.



 **USAPHC**
U.S. ARMY PUBLIC HEALTH COMMAND