Dosimeter Information

- **What is a dosimeter?**
  A dosimeter is a device used to measure your ionizing radiation exposure from sources in your environment.
- **Why have I been issued a dosimeter?**
  Your health and safety are important to us and the dosimeter allows us to track your ionizing radiation exposure dose.
- **How do I wear my dosimeter?**
  Clip your dosimeter to the outermost clothing layer in the torso region. The window on the front of the dosimeter should be facing outward from your body.
- **How do I care for my dosimeter?**
  When the mission allows, keep the dosimeter clean and dry. Notify your Radiation Safety Officer (RSO) immediately for a replacement if your dosimeter is exposed to excessive heat, or is damaged in any way. Do not intentionally leave it sitting near known ionizing radiation sources.

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» **Does my dosimeter protect me?**
No, the dosimeter is a measurement device only. For protection, use the following strategy when possible: minimize time of exposure, maximize your distance from sources, shield yourself from sources, and use appropriate personal protective equipment (for example, MOPP gear).

» **How do I get my results?**
The individual who issued the dosimeter will inform you of when and how you may receive the results.

» **The best way to stay safe and maintain your health is to follow your unit's SOP for radiation safety.**

» **For more information, contact the issuer of the dosimeter, your unit's RSO, or the Environmental Science and Engineering Officer.**

» **For inquiries: reds.adc@conus.army.mil**

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