

# What Soldiers need to know about HPV

Understand  
the facts about  
HPV (Human  
Papillomavirus)

*Stay Army Strong!*



# Understand the facts about HPV (Human Papillomavirus)

**Help yourself!** Know that Human Papillomavirus (HPV) is a common virus that affects both females and males. Vaccines are available to protect you from the types of HPV that cause 90% of genital warts and 70% of cervical cancer.

**Protect yourself!** HPV is passed from one person to another during sexual activity. Limit your number of partners. Use condoms with every partner every time. Get a Pap test.

**Vaccinate yourself!** Talk to your healthcare provider now about vaccination against HPV. Females age 9 - 26 years of age get the 3-dose vaccination series to prevent the most common types of HPV that cause cervical cancer and genital warts.

Stay informed: [www.cdc.gov/hpv/](http://www.cdc.gov/hpv/)

*Stay Army Strong!*

More information: <http://phc.amedd.army.mil/topics/healthyliving/Pages/default.aspx>



<http://phc.amedd.army.mil>  
1-800-222-9698

More information online -  
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