Have the Courage to Help a Buddy

One Suicide is one too many.

For assistance:

- Talk to your Battle Buddy and chain of command
- Call the Military Crisis Line at 1-800-273-TALK (8255) and press "1" for Military Crisis Line

Suicide Prevention Resources

USAPHC

U.S. Army Public Health Command
phc.amedd.army.mil

TA-067-0812