



# Contact Lenses in the Field? **NO WAY!**

*DA PAM 40-506, The Army Vision Conservation and Readiness Program:*

***“Contact lenses will not be worn during basic training, field exercises, gas chamber exercises, deployments, or combat.”***

## ***Field Deployment = Unfriendly Environment***

- Poor hygiene— Difficult to keep hands clean
- Dust, dirt, mud
- Extended hours of continuous operations
- Contact lens overwear

## ***The Risks:***

- Red, painful, injured eye
- Infection, corneal ulcer, permanent vision loss



## ***The Cost:***

- Dollars, lost time, decreased mission readiness

***Wear your goggles or specs in the field!  
Vision Ready is Mission Ready!***



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